

## **Advanced Macrobiotic Training Courses**

Have you ever wanted to become a Macrobiotic Health Counselor or Teacher, or have you wanted to take more Advanced Classes that go beyond the basics? Well, now is your opportunity.

The Natural Epicurean has booked some of the best Macrobiotic Teachers from around the country to bring you 12 Advanced Macrobiotic Weekend Workshops. You can take them separately based on your interest, or you can take them all and apply them toward a counselor or teachers certificate program.

This unique program is offered at our new location in the Seton GoodHealth Commons at Seton Medical Center Williamson, a new hospital near Austin, Texas. This state-of-the art Western medical facility ushers in a new opportunity for Macrobiotics with more support than ever for collaboration with both alternative and conventional medicine.

In a beautiful, new kitchen with professional Viking Equipment, multiple consultation and treatment rooms, a library, a retail store, and more, the Seton GoodHealth Commons is a perfect facility for a program like this. See the website for more info on this unique location at [www.goodhealthcommons.com](http://www.goodhealthcommons.com).

I hope you can join us for a weekend or for the whole program and take your macrobiotic practice to the next level. Call us at 512-658-4975 for more information and to see if you qualify to be a part of this Advanced Training. Pre-registration and approval is required.

## **Advanced Macrobiotic Training Program Overview**

### **Curriculum**

- Macrobiotic Counselor and/or Macrobiotic Teacher Certificate Programs
- All classes held in our state-of-the-art facilities located in the Seton GoodHealth Commons at Seton Williamson Hospital
- Study with highly qualified, internationally recognized faculty including Warren Kramer, David Briscoe, and Bob Carr
- Opportunities to interface and collaborate directly with Western and Alternative Medicine
- Opportunities to scribe in consultations with faculty counselors and teachers
- Opportunities to teach and develop classes in a hospital facility
- Opportunities for supervised practice counseling sessions with feedback from faculty counselors
- Classes one weekend per month
- One year program for Macrobiotic counselor or teacher certificate
- Post-graduate support
- Flexible options: Weekend classes may be taken individually or applied toward a certificate program
- Pre-qualification required as these are advanced classes

## Weekend Classes

(Class details are subject to refinement and classes could be taught in a different order or by a different faculty member )

Weekend Class times are:

Friday, 7:00 – 9:00 pm, Saturday 9:00 am – 8:30 pm, Sunday 9:00 am – 6:00 pm with breaks for lunch and dinner.

With pre-approval, certificate program students may choose to come in a day early or stay a day late to participate in scribing with faculty counselors.

May 2-4, 2008 - Review the Basics with Warren Kramer

June 27-29, 2008 – Advanced Diagnosis I with Warren Kramer

August 22-24, 2008 – Macrobiotic Models and Philosophy with Bob Carr

September 19-21, 2008 – Advanced Application of 5 Element Theory with Warren Kramer

Oct. 24-26, 2008 – Advanced Diagnosis II with David Briscoe

December 5-7, 2008 – Overcoming Common Mistakes/Pitfalls/Obstacles in Macrobiotics with Warren Kramer

January 16-18, 2009 (MLK Weekend) – Emotional and Psychological Basis for Health and Happiness

February 20-22, 2009 – Interfacing Macrobiotics with Modern Science and Medicine with Bob Carr

March 20-22, 2009 – Understanding Cancer, “Terminal” Illness, and Degenerative Disease with Warren Kramer

April 17-19, 2009 – Using Traditional Food Remedies & Addressing Common Health Problems I with Warren Kramer

May 15-17, 2009 – Using Traditional Food Remedies & Addressing Common Health Problems II

June 12-14, 2009 – Setting up a Macrobiotic Counseling/Teaching Practice

## Certificate Requirements

Students may complete certificate requirements for one of both of the following: Macrobiotic Counselor Certificate or Macrobiotic Teacher Certificate.

### Requirements for Counselors Certificate

- Complete all 12 Weekend Courses
- Complete Counselor Mentorship Program
- Turn in all relevant paperwork and be in good standing

### Counselor Mentorship Program Requirements:

- Scribe for 100 consultations with a qualified counselor/mentor
- Complete 50 practice consultations w/mentor review
- Complete 30 practice consultations w/mentor supervision

### Requirements for Teachers Certificate

- Complete all 12 Weekend Courses

- Complete Teacher Mentorship Program
- Turn in all relevant paperwork and be in good standing

**Teacher Mentorship Program Requirements:**

- Audit and evaluate 25 classes (at least 5 different teachers)
- Teach 20 classes with supervised feedback and evaluation
- Develop 10 original classes approved by faculty or mentor teacher

**Tuition**

Introductory Pricing for 2008 classes:

\$325 per workshop if paid on a monthly or per class basis

\$3500 if paid in full for all 12 workshops

Call Dawn Pallavi at 512-658-4975 for more information, pre-qualification, and registration.